

BILTONG STARTERS

MADE THE TURN 'n TENDER WAY

BILTONG

Turn 'n Tender's own sliced beef biltong.

78

BILTONG CARPACCIO

Dressed with Grana Padano shavings, rocket 'n olive oil.

82

GRILLED BILTONG

Marinated 'n grilled biltong, unique to Turn 'n Tender.

55

BILTONG PÂTÉ

Our own creation. Served with slices of toasted French loaf.

57

BILTONG BOARD

A selection of our sliced beef biltong, biltong carpaccio, marinated 'n grilled biltong, biltong pâté 'n dry wors, perfect for sharing.

210

DRY WORS

Our finest in-house dry wors.

75

BILTONG 'n DRY WORS

Enjoy the tender taste of our biltong 'n dry wors. Please enquire about availability 'n price.

STARTERS

FOCACCIA-STYLE BREAD

Topped with cheddar 'n grated biltong. Flavoured with garlic 'n herbs.

SMALL LARGE
69 | 110
42 | 62

TRINCHADO

Tender beef cubes with peri peri, tomato, onion 'n garlic.

79

CHICKEN LIVERS

Pan-fried chicken livers served in plain or peri peri cream sauce.

59

STEAK TARTARE

Raw minced fillet prepared to perfection the Turn 'n Tender way.

95

SNAILS

Served in brandy 'n garlic butter sauce with a dash of cream.

80

CALAMARI

Tender calamari tubes grilled 'n served with your choice of fresh lemon butter, peri peri or sweet chilli 'n coriander sauce.

65

CALAMARI SQUID HEADS

Deep-fried in a light batter 'n served with your choice of tartare sauce or peri peri sauce. Subject to Availability.

65

CURRIED PRAWNS

Shelled prawns in a fragrant creamy curried coconut sauce with a touch of garlic, served with toasted French loaf. Subject to Availability.

90

MARROW BONES

Cooked in their own broth with salt 'n fresh parsley. Prepared with red wine, tomato, mushroom, garlic 'n onions.

60

75

SOUP

Please enquire about availabilty 'n price.

SALADS

HOUSE

Fresh rocket, tomato, red onion, cucumber, hard-boiled egg, provolone cheese 'n green olives on a bed of crisp lettuce.

REG TABLE
80 | 105

FRENCH

Fresh rocket, tomato, red onion, cucumber, avo* 'n carrot on a bed of crisp lettuce.

65 | 90

GREEK

Fresh rocket, tomato, red onion, cucumber, feta 'n Kalamata olives on a bed of crisp lettuce.

80 | 105

BLUE CHEESE

Fresh rocket, tomato, red onion, cucumber, avo*, carrot 'n grated blue cheese on a bed of crisp lettuce, served with a creamy blue cheese dressing on the side.

85 | 110

CHICKEN

French salad topped with tender chicken fillet strips marinated in your choice of peri peri, fresh lemon 'n herb, BBQ or sweet chilli 'n coriander. Add halloumi.

90

STEAK 'n ROCKET

French salad topped with tender steak cubes, rocket 'n feta 'n dressed with a balsamic vinegar 'n red wine reduction.

110

CAESAR

Cos lettuce, shaved Grana Padano 'n anchovy fillets, drizzled with Caesar dressing 'n served with toasted French loaf. Add chicken. Add an egg.

80

22

10

*Subject to Availability.

GRILLS

CHOOSE FROM PLAIN GRILLED, ORIGINAL TURN 'n TENDER BASTING, CHILLI BASTING, DRY PEPPER COATING OR FRESH HERBS 'n SPICES.

FILLET

A prime cut so tender it melts in your mouth. The discerning steak lover's choice.

200g 300g 400g
150 | 190 | 230

SIRLOIN

A succulent cut with just enough fat to enhance its flavour.

120 | 150 | 190

RUMP WITH FAT

A juicy tender cut with a layer of fat

120

150 | 190

POINT RUMP

Our signature cut of rump with a thick layer of fat

120 | 150 | 190

RUMP - NO FAT

A juicy tender lean cut.

175

RUMP ESPETADA

350g Tender rump chunks prepared with a sherry, garlic 'n mixed herb rub 'n skewered the old-fashioned way with bay leaves.

185

T-BONE

500g Portion of a juicy 'n tender favourite.

170

ENTRECÔTE

350g Steak cut from the rib, with natural fat that gives it extra flavour.

RUMP SIRLOIN FILLET
330 | 330 | 385

CUT FOR TWO

700g Steak for sharing, with two sides 'n two sauces.

340

LONG-CUT SIRLOIN

800g Steak for two, topped with chimichurri 'n served with two sides.

OSTRICH FILLET

300g Fillet medallions prepared with dry pepper coating or Turn 'n Tender basting.

190

LAMB LOIN CHOPS

Four 140g succulent 'n juicy T-bone-style chops.

215

Four 80g T-bone-style chops, grilled with olive oil, fresh lemon 'n oregano for delicious flavour.

155

LAMB STEAK

Slow-cooked in a rich brown gravy, served with feta 'n butter beans.

195

DEBONED LEG OF LAMB

800g Deboned leg of lamb for sharing. Delicately spiced 'n served with two sides.

360

BEEF SPARE RIBS

Tender, meaty, sticky 'n delicious.

HALF FULL
145 | 240

GRILLED BOEREWORS

Turn 'n Tender's own pure beef boerewors. Best served with pap 'n gravy. Add a fried egg.

100

10

LAMB POTJIE NEW

A South African classic made with juicy lamb cuts 'n slow-cooked for tenderness.

185

OXTAIL POTJIE

Our legendary recipe of traditional braised oxtail, slow-cooked in red wine.

185

OUR MAINS ARE SERVED WITH A CHOICE OF CHIPS, RICE, BAKED POTATO, BAKED SWEET POTATO, MASH, PAP 'n GRAVY, VEGETABLES OR A SIDE SALAD.

COMBOS

200g TENDER STEAK 'n CALAMARI TUBES

A succulent 'n juicy 200g rump or sirloin steak 'n tender grilled calamari tubes. Should you prefer fillet, add R42.

155

BEEF SPARE RIBS 'n CHOPS

Sticky 'n delicious ribs paired with two juicy 140g lamb loin chops grilled to perfection.

235

BEEF SPARE RIBS 'n SPRING CHICKEN

Sticky 'n delicious ribs 'n a half spring chicken bursting with flavour.

195

BEEF SPARE RIBS 'n 200g TENDER STEAK

Sticky 'n delicious ribs 'n a succulent 'n juicy 200g rump or sirloin steak. Should you prefer fillet, add R42.

199

BEEF SPARE RIBS 'n CALAMARI TUBES

Sticky 'n delicious ribs 'n tender grilled calamari tubes.

170

OUR MAINS ARE SERVED WITH A CHOICE OF CHIPS, RICE, BAKED POTATO, BAKED SWEET POTATO, MASH, PAP 'n GRAVY, VEGETABLES OR A SIDE SALAD.

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THE LEGEND OF THE FOUR BROTHERS

MERVYN'S MAGIC 600g French-trimmed prime rib.	225
STEVEN'S SENSATION 300g Rump or sirloin topped with our mussel, white wine, garlic 'n cream sauce. Should you prefer fillet, add R42.	195
HOWARD'S HOWLER 300g Rump or sirloin topped with melted cheddar 'n pepper sauce. Should you prefer fillet, add R42.	185
BRIAN'S BOWL OVER 500g Rib-eye on the bone.	185

STEAKS OF THE WORLD

CHOOSE FROM A 300g RUMP OR SIRLOIN STEAK WITH ONE OF THE FOLLOWING INTERNATIONAL TOPPING:

ARGENTINIAN 🇦🇷 Chimichurri (onion, red pepper, garlic, chilli, parsley, white wine vinegar, olive oil 'n lemon juice). Should you prefer fillet, add R42.	170
FRENCH 🇫🇷 Tangy sun-dried tomato butter with parsley, onions 'n garlic. Should you prefer fillet, add R42.	150
ITALIAN 🇮🇹 Italian tomato chutney with onion, oregano, balsamic vinegar, garlic 'n a touch of butter 'n brown sugar. Should you prefer fillet, add R42.	165
GREEK 🇬🇷 Rosemary, oregano butter 'n roasted garlic. Should you prefer fillet, add R42	160
SPANISH 🇪🇸 Smoked paprika 'n parsley butter. Should you prefer fillet, add R42.	145
AMERICAN 🇺🇸 600g French trimmed prime rib grilled with coarse salt 'n burnt butter, thinly sliced off the bone.	245

SEAFOOD

KINGKLIP FILLET Served with fresh lemon butter sauce or dry-grilled.	195
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BAKED KINGKLIP ^{NEW} FILLET Baked in a mild curry 'n coconut sauce with a touch of garlic 'n spinach.	215
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SCOTTISH SALMON Plain-grilled or prepared with soya 'n sesame seeds.	215
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CALAMARI Tender calamari tubes grilled 'n served with your choice of fresh lemon butter, peri peri or sweet chilli 'n coriander sauce.	125
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PRAWNS Grilled in fresh lemon butter or peri peri sauce. Subject to availability. Please enquire about availability 'n price.	
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POULTRY

* CHOOSE FROM PERI PERI, FRESH LEMON 'n HERB, BBQ OR SWEET CHILLI 'n CORIANDER SAUCE.

SPRING CHICKEN* Young 'n full of flavour.	135
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DEBONED HALF CHICKEN* A half chicken with the wing.	140
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CHICKEN BREAST FILLET* Grilled fillet.	99
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CHICKEN SCHNITZEL Golden-crumbed schnitzel. Add cheese or mushroom sauce.	105 37
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EXTRAS

DEEP-FRIED OR PAN-FRIED ONION RINGS	33
SAUTÉED MUSHROOMS	45
CHIMICHURRI SAUTÉED MUSHROOMS	47
GRILLED BOEREWORS	42

DESSERTS

BAKED CHEESECAKE BAR-ONE® Plain.	57 52
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OREO® CHOCOLATE MOUSSE Oreo® biscuits, chocolate mousse 'n whipped cream.	57
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CHOCOLATE VOLCANO Delicious melt-in-your-mouth chocolate pudding served with ice cream.	60
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ITALIAN KISSES Served with whipped cream.	50
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April 2017 Without Pork



Turn 'n Tender
STEAKHOUSE

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BURGERS

200g PURE GROUND BEEF
OUR BURGERS ARE SERVED WITH A CHOICE OF CHIPS, RICE, BAKED POTATO, BAKED SWEET POTATO, MASH, PAP 'n GRAVY, VEGETABLES OR A SIDE SALAD.

BURGERS

CLASSIC Topped with grilled onions 'n good old-fashioned pink sauce.	85
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CHEESE Topped with sliced cheddar 'n served with cheese sauce on the side.	90
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MUSHROOM Topped with creamy mushroom sauce.	92
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PEPPER Topped with creamy pepper sauce.	92
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SPECIALITY

JACK DANIEL'S ^{NEW} Topped with a Jack Daniel's 'n onion marmalade.	120
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MARROW BONE ^{NEW} Topped with marrow 'n grilled onions.	110
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SMOKED MOZZARELLA 'n BILTONG Topped with sliced smoked mozzarella 'n grilled biltong slices.	115
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VEGETARIAN

VEG PLATTER A selection of fresh vegetables, 'n halloumi. Served with a choice of starch.	105
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VEG BURGER Portobello mushroom patty topped with grilled onions. Served with your choice of a side.	95
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VEG CURRY Mixed vegetables prepared in a creamy curried coconut sauce with a touch of garlic 'n served in a potjie pot. Served with your choice of a side.	95
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SIDE CHOICE OF CHIPS, RICE, BAKED POTATO, BAKED SWEET POTATO, MASH, PAP 'n GRAVY, VEGETABLES OR A SIDE SALAD.

SAUCES

CHIMICHURRI Argentinian marinade	40
SNAIL Brandy 'n garlic	67
BORDELAISE With marrow bones, mushrooms 'n port	55
MUSHROOM 'n FETA	47
CHEESE, MUSHROOM, GARLIC OR MADAGASCAN GREEN PEPPER	37
PEPPER, MONKEY GLAND OR PERI PERI	35
BLUE CHEESE	45